

TABLE OF CONTENTS

TABLE OF CONTENTS	1
PREFACE.....	8
ACKNOWLEDGMENTS	9
INTRODUCTION	10
PART 1. WORKING AGGRESSIVE BEHAVIOR RELATED CASES.....	11
INTRODUCTION.....	12
CHAPTER 1. SCOPE OF THE “AGGRESSIVE BEHAVIOR PROBLEM” AND RISK FACTORS.....	13
<i>Perspective</i>	<i>13</i>
<i>Statistics</i>	<i>14</i>
Risk Factors for Dog–Human Aggressive Behavior	15
Risk Factors for Dog–Dog Aggressive Behaviors.....	17
CHAPTER 2. CASE MANAGEMENT	18
<i>Roles and Perspectives of Technologists and Clients</i>	<i>18</i>
<i>The Behavior of Guardians of Dogs who Exhibit Aggressive Behaviors</i>	<i>19</i>
<i>Case Management.....</i>	<i>19</i>
The Consult Sessions	19
Equipment and Supplies	20
<i>Liability Issues.....</i>	<i>20</i>
Guardian Liability.....	21
Technologist Liability.....	21
CHAPTER 3. TRAINING HUMANS	23
<i>Introduction to Verbal Behavior</i>	<i>23</i>
<i>Prompting Productive Verbal Behavior.....</i>	<i>24</i>
<i>General Strategy for Training Humans</i>	<i>24</i>
Establish Objective	24
Describe, Explain, and Demonstrate.....	25
Assess Proficiency	26
Follow-up.....	26
PART 2. WHAT IS AGGRESSIVE BEHAVIOR AND WHY DO DOGS EXHIBIT IT?.....	28
INTRODUCTION.....	29
CHAPTER 4. EXPLAINING AGGRESSIVE BEHAVIOR EXHIBITED BY DOGS.....	30
<i>What is “Aggressive” Behavior?</i>	<i>30</i>
<i>Why Do Dogs Exhibit Aggressive Behavior?.....</i>	<i>31</i>
<i>Aggressive Behavior Categories</i>	<i>32</i>
<i>Aggressive Behaviors Generalize... and Fast!.....</i>	<i>32</i>
<i>Social Behaviors.....</i>	<i>33</i>
What is Social Behavior?.....	33
“Communication,” Interpreting “Body Language,” and other Nonproductive Lines of Inquiry	33
Real Behavior versus Traits and Drives.....	34
Species-Typical Social Behaviors.....	34
Topography of Behavior is not Function of Behavior	34
Categorizing Species-Typical Social Behaviors.....	35
0. Socially Neutral	37
1. Approach Enhancing (“Affiliative”).....	37
Play Behavior	38
Less Aroused Affiliative Behaviors	38
Ambivalent Approach vs. Escape (“Appeasement”) or Flight Behavior	38
2. Escape (“Appeasement” or Flight)	38
“Appeasement” or Flight Behaviors.....	39
Passive “Appeasement” Behavior.....	39

Aggressive Behavior in Dogs

Active “Appeasement” Behavior	39
Flight (not strictly a social behavior).....	39
Ambivalent Aggressive vs. “Appeasement” or Flight.....	39
3 Aggressive.....	39
Ambivalent Affiliative vs. Aggressive Behaviors.....	40
Competing Concurrent Social Contingencies.....	40
Greeting Behavior.....	40
How to React to Aggressive Behaviors	41
Problematic Human Behaviors	42
CHAPTER 5. FOUNDATIONAL PRINCIPLES OF BEHAVIOR	44
<i>Introduction</i>	44
<i>Environment–Behavior Functional Relations</i>	44
Behavior, Stimulation, and Functional Relations	44
Behavior.....	44
Categories of Behavior	46
Operant versus Respondent Behavior	47
Stimulation	48
Functional Relations and Contingencies	49
Structure of Operant Contingencies.....	49
Respondent Contingencies	51
Conditioning	51
Definition	51
Effects of Conditioning on Behavior	51
Why Do Reinforcers Function as Such?	52
Contingency Analyses	52
Depicting Contingencies	52
Analyzing Episodes of Behavior.....	53
Component Contingencies in the Three-Term Contingency.....	55
Externalizing Contingencies	55
Increasing Complexity in Accounting for Behavior	56
<i>Operant Conditioning</i>	56
Postcedent Principles, Processes, and Procedures	56
Law of Effect.....	56
Foundational Terms and Categories	56
Reinforcement	59
Added Reinforcement	59
Subtracted Reinforcement.....	60
Some Potentially Confusing Distinctions	60
Punishment	61
Added Punishment	61
Subtracted Punishment.....	62
Extinction.....	62
Variables Influencing Effectiveness of Reinforcement.....	63
Contiguity.....	63
Contingency	63
Motivating Operations.....	63
Variables Influencing the Effectiveness of Punishment.....	64
Contiguity	64
Contingency	64
Intense	64
A Note on the Rationale for Using Punishment Effectively	64
Antecedent Principles, Processes, and Procedures	64
Stimulus Control.....	64
Terms and Relations.....	64
Generalization and Discrimination Training.....	65
Generalization	65
Discrimination.....	66
Transferring Stimulus Control	66
Prompting	67
Function-Altering Stimuli.....	68
Motivating Operations.....	68
Terms, Processes, and Distinctions.....	68

Aggressive Behavior in Dogs

Differentiating Between Motivating Operations and Evocative Stimuli	70
Differentiating Between Motivating Operations and Other Function-Altering Stimuli	70
Elicitation of Emotional Arousal as Motivating Operations	70
Other Function-altering Stimuli	72
Depicting Function-altering Stimuli in Contingency Analyses	72
<i>Schedules of Added Reinforcement</i>	72
Simple Schedules of Added Reinforcement	73
Continuous Reinforcement	73
Extinction	73
Intermittent Reinforcement	73
Fixed Ratio Schedule of Added Reinforcement	73
Variable Ratio Schedule of Added Reinforcement	74
Fixed Interval Schedule of Added Reinforcement	74
Variable Interval Schedule of Added Reinforcement	74
Fixed Duration Schedule of Added Reinforcement	75
Variable Duration Schedule of Added Reinforcement	75
Schedule Extensions	75
Limited Hold	75
Compound Schedules of Reinforcement	75
Differential Reinforcement	76
Differential Reinforcement of Incompatible Behavior	76
Differential Reinforcement of Alternative Behavior	76
Differential Reinforcement of Other Behavior	77
Differential Reinforcement of Successive Approximations of a Terminal Behavior (Shaping)	77
<i>Respondent Conditioning</i>	77
Terms, Principles, and Processes	77
Other Respondent Processes	78
The Importance of Respondent Conditioning	79
PART 3. PREVENTING AGGRESSIVE BEHAVIOR	80
CHAPTER 6. DEVELOPMENT AND SOCIALIZATION	81
<i>Domestic Dog Development</i>	81
Prenatal Period (Before Birth)	81
Neonatal Period (Birth to 2 Weeks)	82
Transitional Period (2–3 Weeks)	82
Socialization Period (2.5–3 to 9–13 Weeks, Peaking at 6–8 Weeks)	82
Juvenile Period (12 Weeks to 6 Months)	82
Adulthood (6 months to Variable)	83
Seniorhood (variable onset)	83
<i>Conclusions Drawn from Scott and Fuller (1965)</i>	83
<i>Socialization and Beyond</i>	83
Basic Socialization Program	83
The Program	84
7–12 Weeks of Age	84
12–16 Weeks of Age	86
16 Weeks to 1 Year of Age	86
1 Year of Age On (Adulthood and Seniorhood)	86
<i>Practices to Prevent Aggressive Behavior</i>	86
Basic Principles of Prevention	86
Early Recognition and Intervention	87
Bite Inhibition Training	87
Management of Child–Dog Interactions	90
Never Tie Out a Dog	91
Avoid Aversive Stimulation	91
Puppy Kindergarten Classes	91
Training	92
NILIF, Leadership and Dominance? Forget it! Just Train the Dog	93
Possession Sharing	94
Handling Exercises	94
Food Bowl Exercises	94
PART 4. FUNCTIONAL BEHAVIORAL ASSESSMENT OF AGGRESSIVE BEHAVIOR	96

Aggressive Behavior in Dogs

INTRODUCTION	97
CHAPTER 7. FUNCTIONAL BEHAVIORAL ASSESSMENT	98
<i>Introduction</i>	98
<i>Explanatory Fictions</i>	99
<i>Some Ethical Considerations in Assessment</i>	100
<i>Functional Behavioral Assessment</i>	100
Screening.....	101
Functional Assessment Interview.....	102
Contingency Analysis.....	107
Defining the Target Behavior.....	107
Target versus Replacement Behaviors.....	107
Criteria for Target Behavior Definition.....	107
Functional versus Topographic Target Behavior Definitions.....	108
Labeling Target Behaviors.....	110
Concluding Remarks.....	110
Direct Observation.....	110
Introduction.....	110
To Preclude or not to Preclude—Weighing the Benefits and Risks.....	111
Observing the Behavior Directly.....	111
Measuring Behavior.....	111
Measures of Behavior.....	112
Count.....	112
Rate of Responding.....	112
Relative Frequency.....	112
Duration.....	113
Magnitude.....	113
Choosing Among Measures of Behavior.....	113
Measurement Systems.....	114
ABC Analysis.....	114
Event Recording.....	115
Partial Interval Recording.....	115
Whole Interval Recording.....	116
Selecting a Measurement System.....	116
Quantitative Methods in Tracking the Target Behavior.....	116
Clarifying Contingency Analyses with ABC Analyses.....	116
Establishing a Baseline.....	117
Graphical Representations of Data.....	119
Functional Analysis.....	122
AB Design.....	125
Reversal Design.....	125
Guidelines for Engaging in Functional Analyses.....	126
<i>Functional Analysis is Not as Difficult as it May Seem</i>	127
<i>Diagramming the Contingency Analysis</i>	127
<i>Functional Diagnosis</i>	128
Socially Mediated Access (SMA).....	130
SMA: Social Interaction.....	130
SMA: Tangible Reinforcers.....	130
Socially Mediated Escape (SME).....	131
SME: Aversive Social Interaction.....	131
SME: Aversive Task.....	131
SME: Aversive Physical Stimulation.....	132
Multifunctional Behavior.....	132
CHAPTER 8. CHALLENGE INDICATORS IN AGGRESSIVE BEHAVIOR CASES	134
<i>Estimating Challenge</i>	134
Goals and Expectations.....	134
Duration of the Behavior and Schedule of Reinforcement.....	134
Severity of Bite.....	134
Dog–Human Bite Levels.....	135
Dog–Dog Bite Levels.....	135
Predictability.....	135
Manageability.....	135

Aggressive Behavior in Dogs

Training.....	135
Biddability.....	135
Social Motivating Operations.....	136
Children, Elderly, Mobility-Impaired, or Behaviorally/Developmentally Impaired Family Members	136
Size of Dog	136
Guardian Resources (Time & Money).....	136
Guardian Commitment & Compliance.....	136
Resident Directed Dog–Dog Aggressive Behavior	136
Technologist Proficiency	136
PART 5. CONTINGENCY MANAGEMENT PLANNING.....	137
INTRODUCTION.....	138
CHAPTER 9. THE CASE AGAINST AVERSIVE STIMULATION	139
<i>Why is the Occurrence of Aversive Stimulation so Pervasive?</i>	139
<i>Problematic Effects of Aversive Stimulation.....</i>	139
Respondent Side-effects: Aversive Emotional Arousal and Conditioning.....	140
Operant Side-effects: Escape Behavior	140
<i>Clarifying Punishment and its Role in Changing Behavior.....</i>	140
Punishment is Less Efficient than Extinction.....	140
Some Problems with Effective Punishment.....	141
Does Punishment “Work”?.....	141
CHAPTER 10. MINIMALLY AVERSIVE CONTINGENCY MANAGEMENT PLANNING	143
<i>Introduction.....</i>	143
<i>Avoiding Extremism and Dogmatism.....</i>	143
<i>Aversiveness-Ratcheting Strategies.....</i>	145
<i>Emphasizing Constructional Added Reinforcement-Based Methods.....</i>	145
<i>Why Implement the Constructional Added Reinforcement-Emphasized Behavior Change Strategy?</i>	146
<i>Strategy for Avoiding versus Banning Aversive Methods and Tools</i>	147
The Strategy	147
Box 1. Functional Behavioral Assessment and Behavior Objectives	150
Box 2. Construct and Implement a Constructional Minimally Aversive +R-emphasized Contingency Management Plan.....	150
Box 3. Analysis of Failure: Identify and Resolve the Cause of Inadequate Progress	151
Box 4. Escalate Efforts to Identify and Resolve Cause of Inadequate Progress	152
Does Failure Constitute an Unmanageable and Unacceptable Safety Risk?.....	153
Box 5. Complete Review and Consider Supplements/Medications.....	154
Box 6. Emergency: Consider more Aversive Procedure.....	154
Box 7. Euthanasia.....	156
CHAPTER 11. STRATEGIES IN CONSTRUCTIONAL BEHAVIOR ENGINEERING	157
<i>Introduction to Constructional Behavior Engineering.....</i>	157
What is a Contingency Management Plan / Behavior Change Program?	157
Contingency Management Plan as Test of Contingency Analysis.....	157
Contingency Management Planning as a Comprehensive and Systematic, yet Practical, Scientific Process.....	158
The Constructional and Errorless Approaches	158
Thorndike’s Trial-and-Error Approach.....	158
A More Robust Perspective on Shaping.....	159
Prompts and Other Antecedent Control.....	159
Terrace’s Errorless Discrimination Procedure	159
Goldiamond’s Constructional Orientation.....	160
Shifting Paradigms and the Shaping of the Errorless Conditioning Approach	160
Application of the Errorless Conditioning Approach.....	160
The “Graded Errorless Approach”	161
<i>Characteristics of an Effective Contingency Management Plan</i>	162
Changing the Environment to Change Behavior.....	162
Contingency Management Plans are Derived from the Functional Behavioral Assessment Data.....	162
Contingency Management Plans Must be Realistic and Flexible	162
Behavior Engineering Procedures are Consistent with the Principles of Behavior and Empirically Supported Intervention Strategies and Procedures.....	162
Contingency Management Plans Make the Target Problem Behavior Irrelevant, and Ineffective.....	162
Contingency Management Plan Makes Target Behavior Irrelevant.....	162
Contingency Management Plan Makes Target Behavior Ineffective	163

Aggressive Behavior in Dogs

<i>The Behavior Replacement Strategy</i>	163
<i>Options</i>	164
“Management” Alone	164
Rehome the Dog	164
Euthanasia	164
Contingency Management Planning	164
Second Opinion	164
<i>Reality Check</i>	165
CHAPTER 12. ESTABLISHING FORMAL BEHAVIOR OBJECTIVES	166
<i>Determining Formal Behavior Objectives</i>	166
<i>Stating the Formal Behavior Objective</i>	167
Evocative Stimulus	167
Target Behavior and Replacement Behavior	167
Level	167
<i>Tracking Target and Replacement Behaviors</i>	167
<i>Establishing Behavior Objectives</i>	168
Example 1. Postal Carrier	169
Example 2. Biting	170
Example 3. Covering	171
CHAPTER 13. BEHAVIOR ENGINEERING TACTICS AND PROCEDURES	173
<i>Comprehensive Contingency Management Planning</i>	173
<i>Antecedent Control Procedures</i>	174
Evocative Stimulus Control	174
Preclusion	174
The Graded Errorless Approach	174
Function-Altering Stimulus Control	175
Environment Enrichment	175
Eliminating Establishing Operations	175
The Role of Emotional Behaviors in Operant Contingencies	176
Changing Emotional Behaviors	176
Respondent Conditioning Based Procedures	177
Respondent Extinction (Flooding/ Exposure and Response Prevention)	178
Respondent Counterconditioning (Systematic Desensitization)	178
A Final Reminder on Respondent Conditioning Procedures and Externalizing Contingencies	179
Other Function-Altering Tactics	180
Adjunctive Procedures	180
<i>Postcedent Control Procedures</i>	180
Postcedent Behavior Engineering Procedures	180
Managing the Target Behavior: Preclusion vs. Extinction vs. Chain Interruption	180
Graded Differential Reinforcement	181
Introduction	181
Traditional versus Broader Perspective on Differential Reinforcement	181
Differential Reinforcement Procedures	182
Replacing the Response Class Form (–R) or the Entire Response Class (+R)—Strategy Selection	182
Addressing Added Reinforcement Maintained Aggressive Behaviors	182
Addressing Subtracted Reinforcement Maintained Aggressive Behaviors	182
Graded Differential Added Reinforcement	184
DR for Socially Mediated Access Behaviors (Maintained by Added Reinforcement)	184
The Strategy	184
Discussion	185
Constructing a Plan	185
Implementing the Plan	185
DR for Socially Mediated Escape Behaviors (Maintained by Subtracted Reinforcement)	186
The Strategy	186
Discussion	186
Constructing the Plan	186
Implementing the DR Plan	187
A Special Note on DRO	189
Graded Differential Subtracted Reinforcement—Transitioning to Added Reinforcement	190
The Strategy	190
Discussion	190

Aggressive Behavior in Dogs

Constructing the Plan.....	191
Implementing the Plan	192
Summary of General Components of a Graded Differential Reinforcement Plan	193
Added Punishment—or, Reasons to Avoid Punishment.....	194
<i>Sorting Through the Procedure Choices.....</i>	<i>195</i>
<i>Working Toward Maintenance.....</i>	<i>196</i>
Generalization Training	196
Thinning the Schedule of Reinforcement and Introducing Non-Technologist–Mediated Reinforcers	196
Monitoring and Re-intervening When Necessary.....	197
Contingency Management Project: Steps	197
Producing a Contingency Management Plan Document	198
CHAPTER 14. SAMPLE STRATEGIES AND PROTOCOLS FOR COMMON SCENARIOS	199
<i>Aggressive Behaviors Exhibited when the Dog is on Leash</i>	<i>199</i>
<i>Aggressive Behaviors Influenced by Pathological Medical or Genetic/Structural Illness or Injury.....</i>	<i>201</i>
<i>Aggressive Behaviors Exhibited Toward People Approaching the Home.....</i>	<i>201</i>
<i>Aggressive “Guarding” Behaviors</i>	<i>203</i>
Food Bowl.....	203
Toys.....	205
Location	207
Person.....	209
<i>Harmful Predatory Behaviors.....</i>	<i>210</i>
<i>Dog–Dog Aggressive Behavior.....</i>	<i>210</i>
Remediation of Social Behaviors.....	210
Vocal Control Training (Chain Interruption).....	212
Social Inexperience.....	213
Guarding Reinforcers from Other Dogs	213
Intrahousehold Dog–Dog Aggressive Behavior	214
Train Each Dog Individually	215
Train in Pairs	215
Train in Groups.....	215
APPENDIX 1. ADJUNCT MEASURES.....	216
<i>Rehabilitation for Response Depression and Increasing General Level of Reinforcement.....</i>	<i>216</i>
Training.....	216
Play	217
<i>Exercise.....</i>	<i>218</i>
Exercise and “Mood”.....	218
<i>Nutritional Support</i>	<i>220</i>
Nutrition and Behavior	220
<i>Psychopharmacological and Nutritional Supplementation Support.....</i>	<i>221</i>
Selective Serotonin Reuptake Inhibitors.....	223
Fluoxetine (Prozac).....	223
Tricyclic Antidepressants.....	223
Amitriptyline (Elavil).....	223
Clomipramine (Clomicalm).....	223
Nutritional Supplements / Pseudomedications	223
L-Tryptophan (ProQuiet).....	223
5-Hydroxytryptophan (5-HTP).....	224
REFERENCES CITED.....	225
INDEX.....	231